### **FDITION 2019**

# CONTEST **OLIVIER ROELLINGER**

Culinary contest for young chefs and

future professionals in the catering industry, committed to the preservation of aquatic resources.







continue to attract more and more consumers Providing a real connection between those working in the fishing and aquaculture industries and consumers, the next generation of chefs have a vital role to play in preserving resources by promoting sustainable, and often lesser known species.



PLACES OF THE TESTS HUNGARY SWEDEN

### **HOW TO TAKE PART?** Imagine your own recipes with sustainable fish.

Secondly, a "home-made"

Firstly, a gourmet style recipe, based on a sustainable fi sh species, accompanied by a sustainable shellfish, crustacean or algae, which should be prepared in no more than 2 hours 30 minutes.

same species of fi sh used in the gourmet recipe, which could be cooked at home, in 30 minutes.

style recipe with the



### **TIMETABLE TESTS**

#### Application forms and detailed contest rules should be requested at:

concours@ethic-ocean.org January 4, 2019

Registration closes at midnight

Young professionals

(under the age of 35)

"PROFESSIONALS" CATEGORY

April 8, 2019 FERRANDI Paris catering school - France

### for candidates from the following countries:

Andorra, Austria, Belgium, Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Georgia, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Macedonia, Malta, Moldova, Monaco, Montenegro, Norway, Netherlands, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, United Kingdom.

### March 13, 2019

"STUDENTS" CATEGORY

Students and apprentices

Budapest Business School - Hungary

for candidates from the following countries: Austria, Bulgaria, Croatia, Czech Republic,

in catering schools (under the age of 25)

Poland, Portugal, Romania, Serbia, Slovakia, March 20, 2019 Yvon Bourges Dinard catering school - France for candidates from the following countries: Andorra, Belgium, France, Germany, Ireland, Luxembourg, Netherlands, Switzerland,

Georgia, Hungary, Liechtenstein, Moldova.

### March 28, 2019 ECOTUR Valencia catering school - Spain

United Kingdom.

for candidates from the following countries: Bosnia and Herzegovina, Cyprus, Greece, Italy, Macedonia, Malta, Monaco, Montenegro, Portugal, Spain. April 11, 2019 RyssbyGymnasiet catering school - Sweden for candidates from the following countries:

#### Denmark, Estonia, Finland, Iceland, Latvia, Lithuania, Norway, Sweden.

Event on the occasion of the World Oceans Day at UNESCO (Paris).

## 1st Prize: A dinner and a night for two in a Relais & Châteaux establishment and a meeting with

June 7, 2019

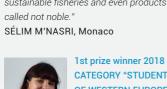
professionals from fi sheries or aquaculture sector. 2nd Prize: A dinner for two in a Relais & Châteaux establishment. 3rd Prize: A lunch for two in a Relais & Châteaux.

PRIZE FOR EACH TEST



## **INVOLVED** IN PROMOTING A SUSTAINABLE **SEAFOOD SUPPLY** CHAIN **TESTIMONY** 1st prize winner 2018 "PROFESSIONAL CATEGORY

### It is a pleasure to see that the new generation is very receptive to these messages."



1st prize winner 2018 **CATEGORY "STUDENT** OF WESTERN EUROPE"

"We must lead by example and be

able to create magical dishes for

It's very important to use products of the sea which are not in danger of extinction and stocks of which are plentiful. It is necessary to inquire about their origin, the methods of peach ...

our customers with products from

"According to me, it is important to respect products resulting from the nature and which establish our raw material to work in cooking.

before choosing a species for the elaboration of a dish. So the cook has to be interested in environmental issues and in conservation of the resources. The error would be to follow modes without taking into account the long-term inventory management." RITA BENTO GONÇALVES, Luxembourg



OF NORTH-EAST EUROPE" "Fish are important in Finnish food. I am concerned about safety and sustainability of marine resources and environmental issues. I do want to have affect on the preservation of our species in lakes, rivers and oceans, This competition motivates me

1st prize winner 2018 **CATEGORY "STUDENT** OF SOUTHERN EUROPE" "This contest is important because it gives value to the marine resources. Nowadays, there are so many

to go even further in my approach." JONNA ROSTEDT, Finland

taking action on a day to day basis to preserve

the sea's resources. The candidates demonstrate

that cooking can be sustainable as well as tasty.



environmental problems that it is important to remind people the importance of the sea and the species that live there. Professional cooks must be responsible when working with seafood, they have to choose sustainable species to offer to their customers and explain

LILIANA FERREIRA, Portugal









HOTEL ESCUELA

BCOTUT

COCINA Y TURISMO















RELAIS & CHATEAUX

BRAGARD







FUNDACIÓN





**ASFOREST** 



**(1)** (2)